The Good Shepherd THURSDAY TUESDAY WEDNESDAY FRIDAY **MONDAY** Trust- Autumn Winter Menu 2024 2025 **WEEK ONE NEW** Tomato & Beef Burger with Pasta Salmon Fishfingers/ SHACK Option 1 Homemade Potato Boloanaise Fishfingers with Chips & Veaetable Pasta Peri Peri or BBQ Chicken Tomato Sauce Wedges or Quorn with Diced 04/11 Seasoned Potatoes & 25/11 Sweetcorn Salsa 🙈 Option 2 Mexican Faiitas **NEW** Creamy Chickpea and **NEW** Cheese and Broccoli Mexican Bean Roll with 16/12 with Rice Coconut Curry with Rice Pasta with Garlic Bread Chips & Tomato Sauce 20/01 10/02 Sides Vegetables of the Day 10/03 31/03 Melting Moment Biscuit Lemon Drizzle Fruit Platter A Peach Cake Chocolate Orange Cookie Dessert **WEEK TWO** Classic Cheese and Tomato **NEW** Chicken Pasta Bake Sausage and Roasted New **NEW** Tuna Pasta Bake or Option 1 Pizza with Garlic Bread **Potatoes** Chicken Korma Fishfingers with Chips & Tomato Sauce with Gravy with Rice Or Rainbow Pizza 11/11 Chinese Vegetable Curry Vegan Sausage and **NEW** Mild Mexican Chilli Cheese and Tomato Quiche 02/12 With Potato Wedges Option 2 with Rice Roasted New Potatoes with Rice with Chips & Tomato Sauce with Gravy 06/01 27/01 24/02 **Sides** Vegetables of the Day 17/03 Marble Sponae Cake with Dessert Custard Jelly with Mandarins Fruit Medley Carrot Cake Oaty Cookie Roast of the Day with Meatballs in Tomato Breaded Fish with Chips & Option 1 WEEK THREE Macaroni Cheese Stuffing, Roast Potatoes Sauce with Pasta Tomato Sauce **NEW** Mild Caribbean Chicken and Gravy with Rice and Peas **NEW** Caribbean Butterbean 18/11 Plant Balls in Tomato Sauce Cottage Pie **NEW** Hot Pot Baked Bean Cheese and Pepper Option 2 Stew with Rice and Peas with Rice 09/12 with Gravy Casserole Omelette with Chips & Tomato Sauce 13/01 03/02 **Sides** Vegetables of the Day 03/03 24/03 Pear and Chocolate Dessert Crumble with Custard **NEW** Savoury Cheese Scone Chocolate Brownie Fruit Salad Vanilla Shortbread ALLERGY INFORMATION: MENU KEY Added Plant Power If you would like to know about particular allergens in foods please Wholemeal Vegan ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: Baked Jacket Potato with either Cheese, Beans or Tuna. to complete a form to ensure we have the necessary information Bread freshly baked on site daily-Daily salad selection to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.